

Do you want to change your lifestyle and improve your health?

Would you like to eat healthier, exercise more, stop using tobacco or drink less alcohol? If so you are welcome to visit us at Levnadsvanemottagning (the Living habits assistance reception) Angered!



We can give you advice and offer counselling if you want to change your lifestyle. We also offer testing of blood sugar and lipoprotein levels. And if you already have a healthy lifestyle, but would like help in maintaining it, you are also welcome to visit us.

Who is this for?

Our target group is adults (aged 18 and over) living in northeast Gothenburg. Visiting us is free of charge, and we can provide an interpreter if you need one.

How to find us

You can find us in Angereds närsjukhus, Halmtorget 1 (nearest stop: Angered centrum). We are open Monday–Thursday 8:30–16:00.

Make an appointment

- Call us by phone: 031-332 68 66 or visit us: drop-in for scheduling future appointments. Visiting and telephone hours Monday–Thursday 13:00–15:00.
- Or through the website 1177.se (search for "Levnadsvanemottagning").



Levnadsvanemottagning
Angered's web site.

Please feel very welcome!