
Plan for returning home after your visit to the Urgent Care Clinic at the Department of Hand Surgery

You met with Dr. _____ **Date** _____

Planned operation _____

Follow-up visit _____

Other planned treatment _____

Certificate of sick leave _____ Prescription _____

General Information

- Remember to take painkillers before wound dressing/suture removal.
- After injury or surgery, remember that your hand should be in an elevated position in order to prevent swelling. Do the exercises in the training program 'Keep the Swelling Away'.
- Any bandage/cast must be protected with a plastic bag when showering.
- Bandage covers can be bought at the pharmacy if desired.
- Contact the hand surgery clinic immediately with any signs of infection – such as increasing pain, swelling, redness or fever.

Contact the Hand Surgery Clinic for medical advice

You can always contact us via 1177 e-tjänster for non-emergencies.

Log in at 1177.se or via the 1177 app.

Telephone number (daytime) 031-342 78 97

Monday 07.30 – 14.30

Tuesday - Friday 07.30 – 12.00

For emergencies during other times, call 031-343 12 15

Mailing address:

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