

# Pain relief at home

Your child may need pain relief at home in the form of paracetamol (PANODIL/ALVEDON). To avoid breakthrough pain we recommend that you give pain relief for the next few days. If they need it, you can give your child the following, higher, doses for three days. If after three days, they still need pain relief, you can use the doses recommended on the packaging.

Panodil/Alvedon (paracetamol), type and concentration:.....

Dose: .....every .....hours, max 3-4 times/day

Can be given from ..... to .....

Last dose given at :.....

Dose listed above is only valid for the current illness/injury.

Doctor signature:.....

Printed name:.....

If your child needs stronger pain relief than paracetamol, we recommend VOLTAREN/DIKLOFENAK or IPREN/BRUFEN that can be sent home from the hospital for 2 days use. If your child needs it longer, your doctor will write a prescription.

Medicine's name, type and concentration: .....

Dose:.....every.....hours, max.....times/day

Last dose given at:.....

Doctor signature:.....

Printed name:.....

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