

# Wound care

- ❑ Your wound has been **glued** with LiquidBand skin glue. It works like a scab and has the ability to hold the edges of the wound/sore together for about a week. After a week, the sore will have healed.

Don't wash the area with the glue for the first 2-3 days. After 2-3 days, carefully wash the area without rubbing. The glue will disappear by itself during the healing process.

- ❑ Your wound has been **taped** with Omnistrip which is a special type of tape used for wounds that don't need stitches.
- ❑ **Stitches** have been used to close your wound. Dissolvable stitches are most often used. If you need to have your stitches removed, you will get a note to take to the district nurse for removal at your *vårdcentral*.

## Care instructions:

You can change the external bandage as needed.

The tape cannot get wet – avoid baths/showers for the first week.

If the tape starts to fall off, don't remove the loose pieces. Add more tape to hold the loose pieces in place.

The tape should stay on for 7-10 days. After that time, the tape is still holding, it is okay to leave it until it falls off.

## Pain relief:

You can give paracetamol (Alvedon) for the first two days to prevent breakthrough pain.

## Things to keep an eye on:

Signs of infection: if the wound becomes more red, swollen, has pus or becomes more painful. Fever >38.5 without other symptoms that could cause a fever. If you are unsure, consult your *vårdcentral*/primary care clinic

**After care:** It is important to protect the wound from the sun for up to a year. As long as the scar is red, you can use surgical tape that can be purchased at the pharmacy (Micropore/Scanpore) to cover it.

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