

Nezeril for children under 2

Decongestant nasal drops are only sold in Sweden at a strength for children over the age of two. You can easily dilute them to work for younger children.

You can buy Nezeril 0,25mg/mL, for 2 years and older (pink package). Make sure it is not the spray, but the drops. It is prescription free, available at pharmacies.



- Start by flushing the nose with saline (NaCl) solution
- Take a Nezeril pipette 0,25mg/mL and empty the contents into a teaspoon
- Add the same amount (or more) of saline (NaCl) solution to the spoon
- Mix together and then suck the solution into the pipette
- Give 1-2 drops of the now diluted solution in each nostril, 1-3 times per day, as needed. Do not use Nezeril for more than 7 days in a row.

Children's emergency department

Written by Eva Bergkvist-Nilsson, pediatric nurse