

Social stories

- A social story is a tool to show the child different perspectives in a given situation and find alternative strategies.
- The social story serves as an 'action plan' for how to act.

Social stories

- Describe the situation without judgement.
- Then describe what it leads to and how it becomes a problem.
- Come up with ideas together for alternative strategies and how they can lead to something positive.

Social stories

The stories are constructed with **descriptive, perspective, directive** and **control sentences**.

*Sometimes there are a lot of spots to choose from. Sometimes it's almost full. (**descriptive**)*

*I wasn't lucky today – my favourite spot was taken. When it's taken, I get mad. (**perspective**)*

*Today I had to sit somewhere else, even though I didn't like it. (**directive**)*

*I will get to sit in my favourite spot when it's free. (**control**)*