

# Examples of everyday challenges

- Hygiene
- Clothing
- Food
- Bedtime/daily rhythm
- Managing school, homework
- Keeping track of items
- Getting to (new) places
- Conflicts of interest in the family

# Child's need for clarification

- *Where will I be?*
- **What** will I be doing? **Why** will I be doing that? **How** will I do it?
- *When* will I do it?
- *With whom* will I do it?
- **How** do I ask for help?
- *How long will I be doing it?*
- **What** will I do next?