

Tools and conclusion

You are now completely finished with the class and we wish you good luck!

This concluding portion of the parents class contains links and examples of cognitive support. Take a look at this part and try out things you might find useful.

Embed the video "L6_1"

Links

We have collected links here that you may find useful.

Swedish Social Insurance Agency

If you have a child with a disability, you may be entitled to various benefits from the Swedish Social Insurance Agency. Read more and apply at the Swedish Social Insurance Agency's website.

- [If your child has a disability \(https://www.forsakringskassan.se/english/disability/if-the-child-has-a-disability\)](https://www.forsakringskassan.se/english/disability/if-the-child-has-a-disability)

Cognitive support

- [Visuals and ready-made materials \(bildstod.se\)](http://bildstod.se)
- [Visuals and ready-made materials \(arasaac.org\)](http://arasaac.org)
- [Cognitive support inspiration \(kognitivtstod.se\)](http://kognitivtstod.se)
- [Knowledge bank for everyday cognitive support \(skovde.se\)](http://skovde.se)

Municipalities

You may also find support from your municipality. Read more on your municipality's website.

- [List of municipality websites A-Ö \(SKR\).](#)

Patient associations and organisations

- [Autism Sweden](#)
- [Riksförbundet Attention](#)

School and free time

- [Skolverket.se](#)
- [Upper secondary studies for students with special needs \(gymnasieguiden.se\)](#)
- [Programmes for people with disabilities \(allastudier.se\)](#)
- [Active leisure time \(attention.se\)](#)
- [School and employment \(autism.se\)](#)

Suggested apps

- [Appsök](#)
- [Appportalen](#)

Read more about autism

- [About autism \(1177.se\)](#)
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Cognitive support

Communication charts

Find examples of communication charts.

[Need help.pdf](#)

Commented [AN1]: Nedladdningsbar pdf Behöva hjälp

[After school.pdf](#)

Commented [AN2]: Nedladdningsbar pdf Efter skolan

[Feelings chart.pdf](#)

Commented [AN3]: Nedladdningsbar pdf Känsloskala

[Figure out.pdf](#)

Commented [AN4]: Nedladdningsbar pdf Reda ut

[Family reunion.pdf](#)

Commented [AN5]: Nedladdningsbar pdf Släktkalas

[What has happened.pdf](#)

Commented [AN6]: Nedladdningsbar pdf Vad har hänt

Visual schedules

Find examples of various visual schedules.

[Schedule.pdf](#)

Commented [AN7]: Nedladdningsbar pdf Schema

[Weekly schedule.pdf](#)

Commented [AN8]: Nedladdningsbar pdf Veckoschema

[Morning routine.pdf](#)

Commented [AN9]: Nedladdningsbar pdf Morgonrutin

[Evening routine.pdf](#)

Commented [AN10]: Nedladdningsbar pdf Kvällsrutin

Talking in pictures and social stories

Find examples of talking in pictures and social stories.

[Comic strip conversations and social stories.pdf](#)

[Social stories.pdf](#)

[The story of wanting to have a specific seat on the bus.pdf](#)

Commented [AN11]: Nedladdningsbar pdf Seriesamtal och sociala berättelser

Commented [AN12]: Nedladdningsbar pdf Sociala berättelser

Commented [AN13]: Nedladdningsbar pdf Berättelsen om att jag vill ha en bestämd plats på bussen

Time management tools

Find information on time management tools.

[Time management tools.pdf](#)

Commented [AN14]: Nedladdningsbar pdf Tidshjälpmedel

Create your own visual support

You can also create visual support that suits your situation and routines. You have to register first to make your own visual support, but it is free to use the service.

[Create visual support here](#)

Commented [AN15]: Länk

Introduction On the parents class	Lesson 1 On the diagnosis of autism, actions and social support
Lesson 2 On behaviour and daily challenges	Lesson 3 On communication and interaction
Lesson 4 On worry and stress	Lesson 5 On school and free time