Situation: *Describe the situation/problem you want to work with*

UNDERSTAND

HOW CAN I UNDERSTAND MY CHILD?
WHAT IS THE CHILD DOING?
HOW?

Why:
cognition?
communication?
social skills?
interests?
perception?
something else?

MODIFY

CAN I CHANGE MY BEHAVIOUR?

CAN I CHANGE THE SITUATION?

Consider:
prioritised?
child's motivation?
level of demand?

CLARIFY

CAN I CLARIFY THE SITUATION?

Different strategies:
adapt the communication?
adapt the material?
adapt the environment?

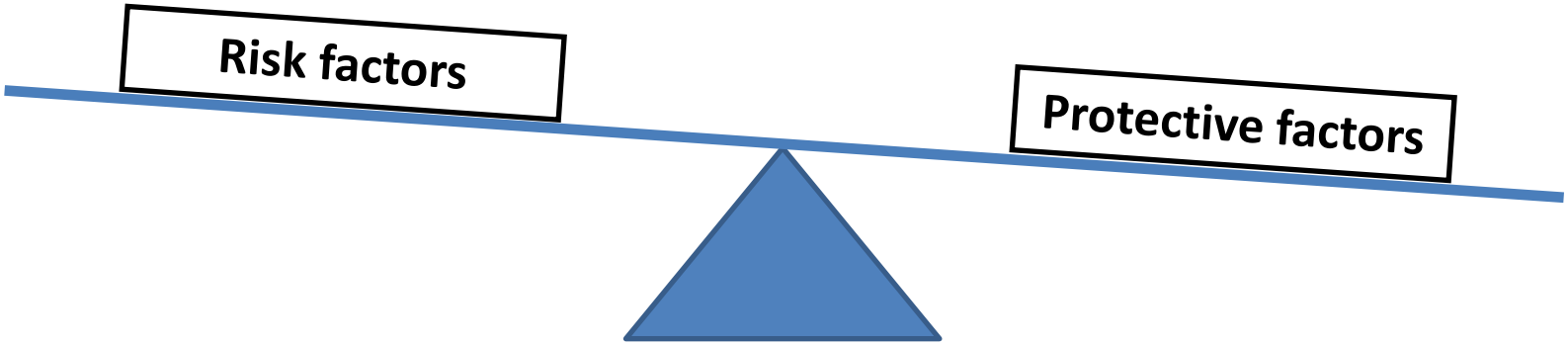
FUNCTION

DOES IT HELP THE SITUATION AFTER I TRY TO: UNDERSTAND, MODIFY, CLARIFY?

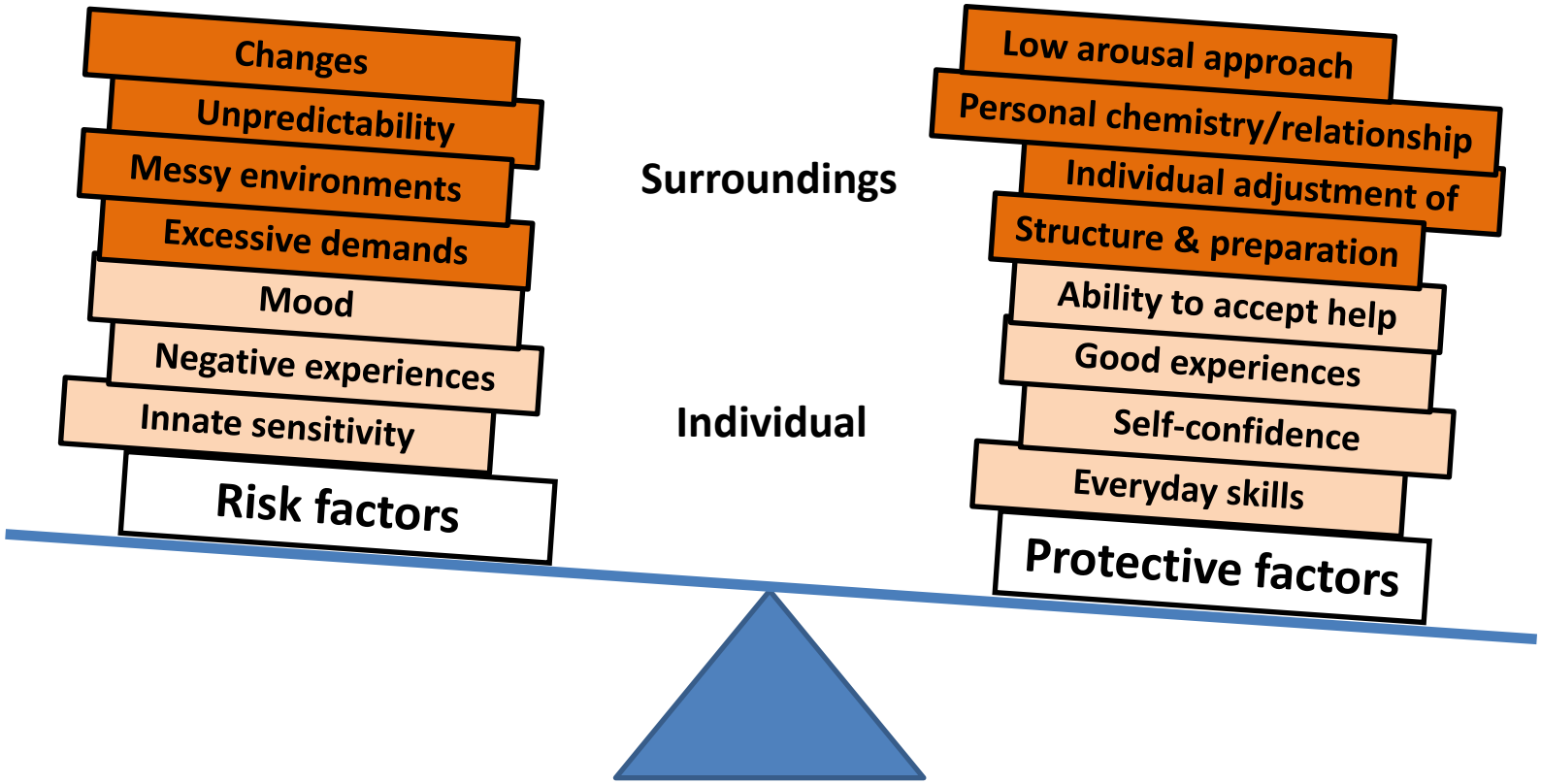
If not:
Go back to the "understand" box and continue to consider

If it does not work – go back to understand

If it works – transfer to other situations


Risk factors
Protective factors

MODIFY


Changes
Unpredictability
Messy environments
Excessive demands
Mood
Negative experiences
Innate sensitivity
Risk factors
Surroundings
Individual
Low arousal approach
Personal chemistry/relationship
Individual adjustment of
Structure & preparation
Ability to accept help
Good experiences
Self-confidence
Everyday skills
Protective factors