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# PATIENT INFORMATION

## SYNACHTEN TEST

A Synachten test checks the function of the adrenal glands. It's one way of measuring if your body is producing enough cortisol.

The day of the test you may eat and drink as usual.

Note! It is very important that you contact the clinic if you take any kind of cortisone, to receive further instructions on how to do with these medications!

You will get an i.v. catheter in one arm from which we will draw blood and give the injection of Synachten. After 30 and 60 minutes, we will draw blood from the other arm.

The whole procedure taking about 80 minutes.

If you have any questions, please contact us on 1177 or call 031-342 99 79.

From the the R.N's at the

Internal Medicine-Endocrinology Outpatient Clinic

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