



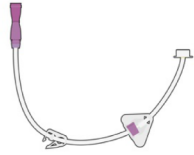
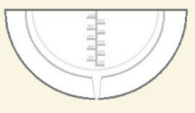

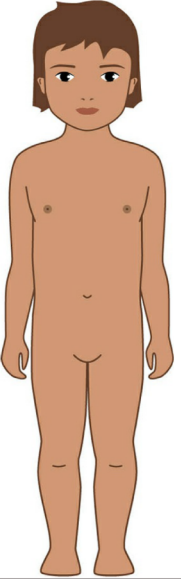
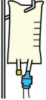

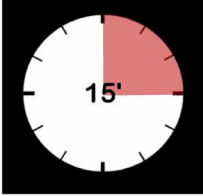
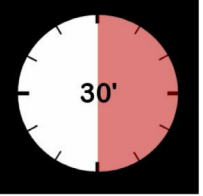
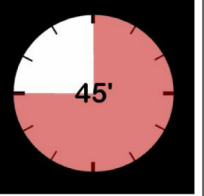
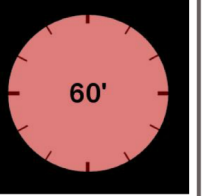



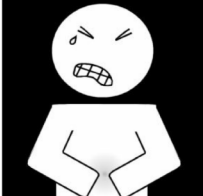




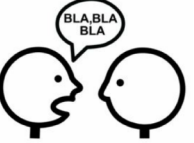




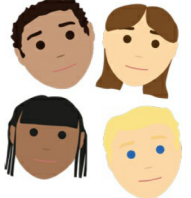



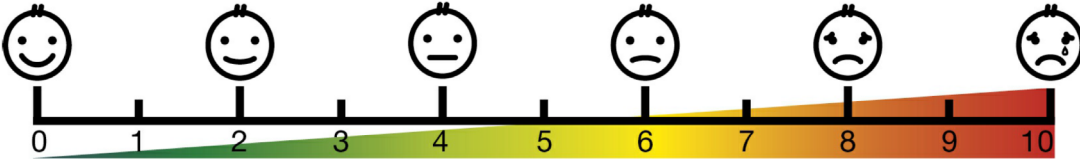


<p>daawo ka hortagta calool istaaga</p>  <p>medel mot förstoppning</p>	<p>Klyx</p> 	<p>Resulax</p> 	<p>masaf/dible</p> 	<p>Peristen</p> 	<p>cabirada kaadida</p> 	<p>musqul/suuli</p> 	
<p>daawo xiidmaha soo sifaysa</p>  <p>lavemangspåse</p>	<p>Klyx</p>	<p>Resulax</p>	<p>tratt</p>	<p>Peristen</p>	<p>Texashatt</p>	<p>toalett</p>	
	<p>15 daqiiqo</p> 	<p>30 daqiiqo</p> 	<p>45 daqiiqo</p> 	<p>60 daqiiqo</p> 	<p>caawin</p> 	<p>isdeberid ama kaligaa is bixin</p> 	
	<p>15 min</p>	<p>30 min</p>	<p>45 min</p>	<p>60 min</p>	<p>hjälpa till</p>	<p>klara själv</p>	
	<p>soo riixaya</p> 	<p>sug</p> 	<p>adag/adagtahay</p> 	<p>sahal/sahlan fudud</p> 	<p>su'aal</p> 	<p>ka sheekee</p> 	
	<p>krysta</p>	<p>vänta</p>	<p>svårt</p>	<p>lätt</p>	<p>fråga</p>	<p>berätta</p>	
<p>fiican</p> 	<p>xun</p> 	<p>maya</p> 	<p>dhamaad</p> 	<p>caruur</p> 	<p>waalid</p> 	<p>kalkaaliso</p> 	<p>qofka ku takhasusay kaadi mareenka</p> 
<p>bra</p>	<p>dåligt</p>	<p>inte</p>	<p>färdig</p>	<p>barn</p>	<p>förälder</p>	<p>sköterska</p>	<p>uroterapeut</p>
							

Qaybta baxnaaninta mindhicirada iyo kaadi mareenka · UroTarmhabiliteringen

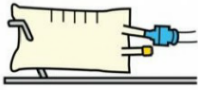
Saxarosho/musqul gelid

Tarmtömning



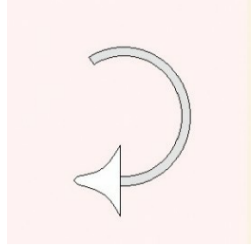
musqul ku fadhiisasho
u fadhiisashada habka fiican

sitta på toaletten
bra sittställning



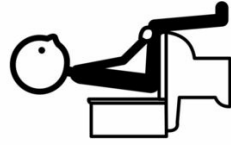
biyo ka buuxin

ylla på med vätska



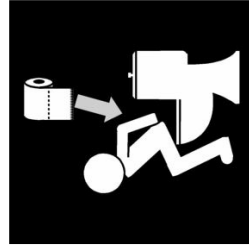
hay masafta/dible 3 daqiiqo

hålla trätt 3 minuter



ku fadhiiso musqusha oo sug inay saxaro
timaado

sitta på toaletten, vänta på avföring



saxaro iska tirtirid ama saxaro iska
qalanjin,
gacmaha iskaga dhaq biyo iyo saabuun

torka sig,
tvätta händerna med tvål och vatten