


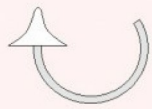
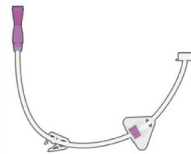
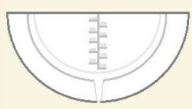

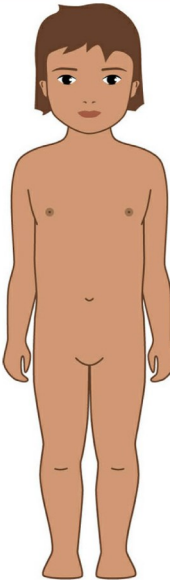

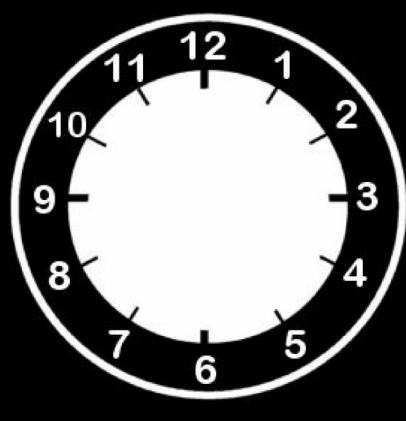
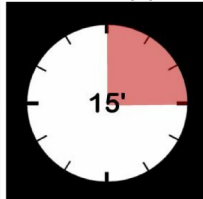
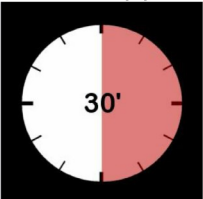
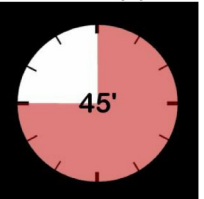
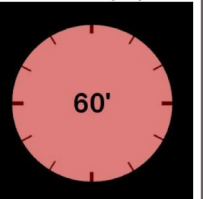


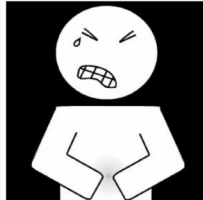


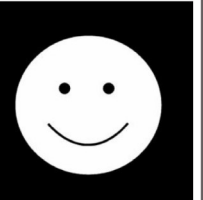

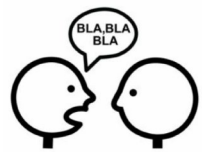
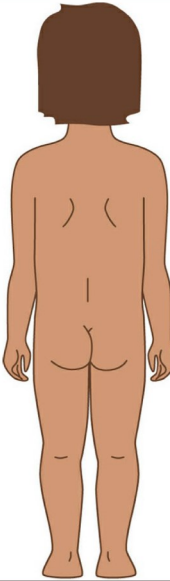








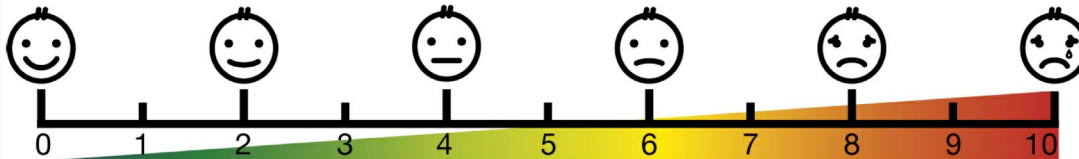


Lênêrîna Uro rûvî • UroTarmhabiliteringen | Valakirina rûviyan • Tarmtömning

dermanên li hember navhişkiyê  medel mot förstoppning	Klyx 	Resulax 	kovik 	Peristen 	Şewqeya Teksasî 	tûwalêt 		
kîsê lavemangê 	Klyx	Resulax	tratt	Peristen	Texashatt	toalett		
lavemangspâse 	15 deqçe 	30 deqçe 	45 deqçe 	60 deqîçe 	alîkar be 	bi xwe bikane 		
	15 min	30 min	45 min	60 min	hjälpå till	klara själv		
	zorê bide xwe 	bipê 	zor 	hêsan 	pirs 	vebêje 		
	krysta	vänta	svårt	lätt	fråga	berätta		
baş e 	xerab 	na 	temam e/başe 	zarok 	daûbav 	hemşîre 	terapîstê urolojiyê 	
bra	dâligt	inte	färdig	barn	förälder	sköterska	uroterapeut	
								

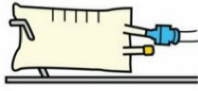
Lênêrîna Uro rûvî • UroTarmhabiliteringen

Valakirina rûviyan

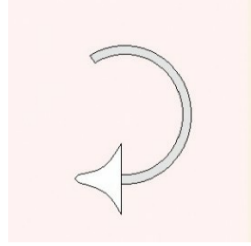
Tarmtömning



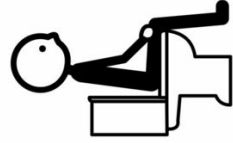
li tûwale tê ûne
rûniştîna guncav
sitte pa toaletten
bra sittställning



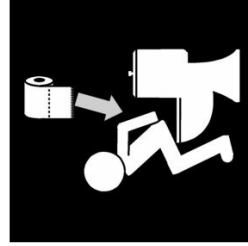
bi avê tije bike
fylla pa med vätska



kovikê sê deqqeyan bigre
hålla tratt 3 minuter



li tûwale tê rûne, li benda rêtinê bimîne
sitte pa toaletten, vânta pa avföring



xwe paş bike,
destên xwe bi av û sabûnê bişo
torka sig,
tvätta händerna med tvål och vatten