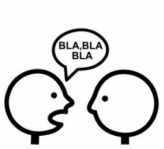
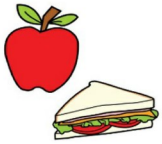
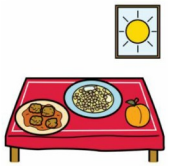
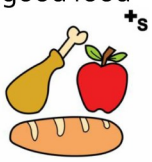
Diabetes service · Diabetesmottagning

Daily meal routines

Dagliga måltidsrutiner

talk  prata	ask fråga	routines rutiner	good bra	bad dåligt
breakfast frukost	snack  mellanmål	lunch  lunch	dinner middag	supper kvällsmat
control blood sugar level kontrollera blodsocker	count carbohydrates räkna kolhydrater	calculate insulin dose beräkna insulindos	give insulin ta insulin	wait 15 minutes vänta en kvart
eat äta	2 hours 2 timmar	again igen	physical activity fysisk aktivitet	school skola
sweets soda candies godis läsk sötsaker	good food  bra mat	sleep sova	yes ja	no nej

För info om symbollicenser: http://www.dart-gbg.org/licenser
Detta bildstöd är skapat via www.bildstod.se i samarbete med diabetesmottagningen, Sahlgrenska Universitetssjukhuset