

Komlgång online

Komlgång online is a digital support program for parents who have a child who needs support with communication and interaction.

In Komlgång online, you learn how to help your child develop language, communication, and interaction with others. You can watch videos, listen to recorded conversations, and read short texts. You do this when it suits you best and at your own pace. What you learn, you then try out with your child in your everyday life.

Komlgång online is available in Swedish, Arabic, English, and Somali.

What does the program include?

Komlgång online is divided into several parts where you learn to:

- use strategies and tools in everyday life and when you play together, to help your child develop communication and language
- use objects, signs, and pictures to support communication
- how everyday routines work better



Photographer: Ketut Subiyanto

What you need to get started

Komlgång online is available in Support and Treatment on 1177.se. To get started, you need:

- that a healthcare professional, for example at BVC, logopedimottagning, or habilitering, adds you as a user of Komlgång online using your or your child's personal identification number
- a mobile phone, tablet, or computer with an internet connection
- an electronic ID, for example Mobile BankID or Freja eID+

How to find Komlgång online

1. **Log in** to 1177.se or the 1177 app using your electronic ID: <https://e-tjanster.1177.se/>, you can also use the qr code.
2. Click on the menu at the top of the page and choose **Stöd och behandling**.
3. Under Innehåll – Stöd och behandling, click on **Komlgång online**



If you cannot find Komlgång online, it is activated for your child. Click on your child's name under **Agera ombud** on the start page, and then follow steps 2 and 3.

The Komlgång online support program has been developed by specialist services for children and young people in the Region Västra Götaland.

How to use Komlgång online

Turn on notifications in your personal settings to receive a text message or email when there is a new message in 1177.

You choose which parts you want to look at and in which order. Start by watching the first video in each section, and then the example videos that suit your situation. Watch a few videos at a time, then try out with your child in your everyday life and when you play together.

1. You as a parent are important

Start by watching video 1.1 Hello parent – the speech-language therapist explains.

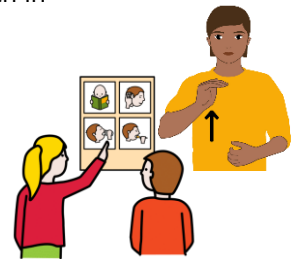


2. Strategies and play support children's communication

You learn how to encourage more communication, language, and speech in your child.

3. Objects, signs, and pictures for support

There are different types of support you can use when talking with your child, such as objects, gestures, photos, pictures, and signs.



4. Everyday life – tips for smooth routines

You get tips that can make everyday situations easier, such as leaving the house, eating meals, and going to bed.

5. Listen to conversations with parents and experts

Other parents share their experiences of trying different strategies and learning new ways to communicate. Experts talk about assessments, support, and research.



6. Further information – videos, texts, materials, training

Here you find more information about what you have learned so far, and links to other websites with more information and videos. You can also find information about group-based parent training, where you get advice tailored to your child and meet other parents.

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