

Patientinformation

	Losartan	Cozaar/Comp, Klomentan/Comp, Losarstad/Comp, Losartan, Losatrix, Losartan/Hydrochlorothiazide, Losartan/hydroklorotiazid, Marozid
	Eprosartan	Teveten/Comp
	Valsartan	Diovan/Comp, Valsartan, Valsartan/hydrochlorothiazide, Valsartan/Hydroklorotiazid Valsartore/Comp, Valtsu/Comp, Exforge, Entresto
	Irbesartan	Aprovel, CoAprovel, Ifirmasta, Ifirmacombi, Irbesartan, Irbesartan/hydrochlorothiazid, Karvea
	Kandesartan	Atacand/Plus, Candemox Comp, Candesarstad/Comp, Candesartan, Candesartan/Hydrochlorothiazid, Candexetil/Comp, Kairasec, Kandrozid,
	Telmisartan	Micardis/Plus, Lesamor, Telmisartan/Hydroklorotiazid, Tolura, Tolucombi
Diabetes medicines		
	Metformin	Metformin, Comptact, Eucreas, Glucophage, Janumet, Jentadueto, Komboglyze, Synjardy, Vokanamet, Xigduo
	Empagliflozin	Jardiance, Synjardy, Glyxambi
	Kanagliflozin	Invokana, Vokanamet
	Dapagliflozin	Forxiga, Xigduo, Qtern
	Ertugliflozin	Steglatro, Segluromet, Steglujan
Other medicines		

Painkillers in gel or spray form can be taken. Tablets and liquid medicines containing paracetamol (Alvedon, Pamol, Panodil, Paracetamol, Paracut, Pinex, Quramol, Theremin) can also be taken.

Never exceed the recommended dose!

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If you are taking

**MEDICINES
that carry a risk of serious side effects in
conjunction with acute dehydration caused by**

- *Diarrhoea*
- *Vomiting*
- *High fever (over 38°C)*
- *Heatwave*
- *Acute illness resulting in difficulty eating or drinking*

Certain medicines that are used to treat heart conditions, high blood pressure, pain and diabetes could have serious side effects if they are taken when your body's fluid balance is disrupted.

Remember:

There is a risk of serious side effects from these medicines in conjunction with conditions that cause dehydration, such as vomiting, diarrhoea, fever, strong heat, or a disorder that renders you unable to eat or drink. The risk of serious side effects increases for elderly persons or individuals with reduced kidney function.

What action should be taken in the event of dehydration?

If you are taking any of the named medicines, you ought to discontinue treatment temporarily if you are dehydrated. If the problem is only temporary, treatment can recommence once it has ceased.

Contact your healthcare provider if you are in any doubt!

If you are taking:

Painkillers		
Diklofenak	Diclofenak/T, Dicuno, Diklofenak/T, Eze, Eezeneo, Ignorin, Voltaren/T, Arthrotec/forte	
Piroxikam	Brexidol	
Tenoxikam	Alganex	
Meloxikam	Meloxicam	
Ibuprofen	Brufen/retard, Ibumax, Ibumetin, Ibuprofen, Ibuzin, Ifenin, Ipren, Nurofen Apelsin	
Naproxen	Alpoxen, Naprocur, Naprosyn Entero, Naproxen, Pronaxen, Vimovo	
Ketoprofen	Orudis/Retard	
Dexibuprofen	Tradil	
Dexketoprofen	Enantyum, Ketesse	
Celecoxib	Celebra, Celecoxib	
Etoricoxib	Arcoxia, Turox	
Nabumeton	Relifex	

Diuretics

Bendroflumetiazid	Bendroflumetiazid, Salures, Cetyl K/mite
Hydrokloktiazid	Esidrex, Hydrochlorothiazide, Hydrokloktiazid
Clortalidon	Hygropax
Metolazon	Metolazon
Furosemid	Furix/Retard, Furosemid, Impugan, Lasix Retard
Bumetanid	Burinex
Torasemid	Torasemid, Torem
Spironolakton	Spironolactone, Spironolakton
Eplerenon	Eplerenon, Inspira
Amilorid	Amilorid

Medicines for heart conditions and high blood pressure

Digoxin	Digoxin, Lanoxin
Kaptopril	Captopril
Enalapril	Enalapril, Renitec, Enalapril Comp, Enalapril/Hydrochlorothiazide, Linatil Comp, Linatil Comp Mite, Renitec Comp
Lisinopril	Lisinopril, Zestril, Lisinopril/Hydrochlorotiazid
Perindopril	Coversyl Novum
Ramipril	Ramipril, Triatec, Ramipril/Hydroklorotiazid
Fosinopril	Fosinopril
Kinapril	Accupro Comp