

A	Adress the patient Ask for help Abdominal palpation Anesthesia adequate?
B	Bladder empty
C	Cervix fully dilated Contractions ?
D	Determine position Dystocia
E	Equipment and Extractor ready
F	Apply cup in front of posterior Fontanel Flexion point Feel for tissue
G	Gentle traction Give perineal support
H	Halt if: <ul style="list-style-type: none"> • Disengagement 3 times • No progress in 3 consecutive pulls • 20 minutes have passed since procedure started
I	Evaluate for Incision
J	Remove vacuum when Jaw reachable