

Information for women who have painkillers on prescription

- Paracetamol** in tablet form (Alvedon, Panadol, Pamol, Reliv)
These are painkillers that normally can be bought over the counter at a pharmacy. They have few or no side effects at the recommended dosage.
Maximum dose: 4 g/day.
Dosage: 1 g (2 tablets) every 6 hours.

- Diklofenac** in tablet form
is an effective painkiller which can be taken in combination with paracetamol. It can sometimes cause gastritis and an increased tendency to bleed. Should not be taken if you have a weak heart, weak kidneys, asthma, are pregnant or are over-sensitive to aspirin.
Maximum dose: 150 mg/day (50 mg every 8 hours).

- Capsule OxyNorm (oxycodone) ▲**
Used to treat severe pain. OxyNorm should be used as a supplement if the usual painkillers you have been given are not sufficient. The capsule should be swallowed whole. Side effects can include nausea and fatigue. Maximum pain reduction is within one hour and lasts for about 6 hours. OxyNorm should not be taken during pregnancy and breastfeeding. *Dosage:* 1 capsule every 6 hours.

Traffic warning ▲

OxyNorm can slow your reactions. You should remember this when close attention is needed such as when driving, performing precision work or using machines.

Since you have recently had an operation, you will probably be feeling some pain. You will be given a prescription for some tablets that you can take during the first few days. Follow the instructions below for the best effect. Of course, if you don't feel any pain you don't need to take any tablets.

General information

Do not combine them with other painkillers without first contacting us.

Remember to take all tablets with water.

Do not take OxyNorm if you drink alcohol.

Unused medicines can be handed in to your nearest pharmacy.

Women's Clinic
Skaraborg Hospital, Skövde