



Patientinformation

Masthugget gynekologi- och obstetrikmottagning

2023-06-09

You have just received treatment for cervical cell abnormalities by LEEP

The cell abnormalities have been removed by LEEP (Loop Electrosurgical Excision Procedure). The doctor has used an electric current to heat a wire loop and with this removed some cells and tissue on the outermost part of your cervix of the uterus.

The tool closes your blood vessels, so there shouldn't be much bleeding.

You can go about your normal life, completely as normal, with three exceptions:

- You should avoid heavy physical strain the following ten days. Light exercise or jogging should be fine but no gymnastics or use of gym-machines. Above all, avoid stomach- and bench press.
- You should avoid intercourse during the next three weeks.
- Do not use tampons the next three weeks if you should start to bleed.

It is common to have a light spitting /bleeding /discharge that is reddish-brown in the days following treatment. This could be slightly foul smelling but will pass in a couple of days.

If you have a larger discharge or a bright red bleeding (heavier than your period) that doesn't stop by itself, you will need a new examination.

During office hours, Monday-Friday 07:30-15:00:

call Masthugget Gynekologimottagning: 031-346 06 50. You will reach the answering machine and press #1 for "återbud" (cancellations). Leave your name and number and our midwife will call you back as soon as possible.

After office hours or if we are closed: Contact the Gynecological Emergency room at Sahlgrenska sjukhuset. Do not try and call ahead but instead head straight up and sign in at the front desk (Gynakuten, Blåstråket 6, Kvinnokliniken, SU/Sahlgrenska).

You will be called back to Masthugget Gynekologimottagning for a follow-up appointment 6 months after your LEEP procedure. We will then make sure that all the abnormalities have been successfully removed.

The tissue that has been removed will be sent to a laboratory for a microscopic analysis. This is standard procedure to confirm the diagnosis. Since you already are aware of the cell abnormalities, we won't be sending you an update on this analysis.

At the first follow-up appointment after the procedure/treatment a decision will be made as how the long-term follow-up plan will look like. If you previously have had abnormal cervical cells there is a higher risk of this occurring again in the future. To many women with cervical cell abnormalities, it is sufficient to attend the regular cell screening every 5th to 7th year. Some may need a longer follow up plan. You may also be transferred to a special data base (kontrollfil) for extra screening every 3rd year lifelong, also after the age of 50, when normal screening intervals are prolonged for those with normal HPV tests. This is all to ensure your best health!