



Barnmorskemottagningar, Regionhälsan

Patientinformation: ASA (acetylsalicylsyra) – förebyggande behandling under graviditet översatt till engelska.

Datum: 2025-02-10

ASA (acetylsalicylic acid) - preventive treatment during pregnancy

Preeclampsia is a condition consisting of high blood pressure and protein in the urine. Preeclampsia affects 2–8% of pregnant women and can be a serious obstetric complication. Intrauterine growth retardation (IUGR) sometimes occurs together with preeclampsia and sometimes occurs separately.

Both preeclampsia and IUGR are caused by impaired placenta function.

Several studies have shown that a low dose of acetylsalicylic acid (ASA), given to women belonging to risk groups, can improve the placenta's function and lower the risk of both preeclampsia and IUGR. ASA treatment does not entail any serious risks for the pregnant woman or her baby.

You have been assessed as being at increased risk of preeclampsia or IUGR. The recommendation is that you take a low dose (75 mg) of ASA every night before going to bed. Please note that the preventive effect is best you take the medication at night, rather than at another time during

the day! The doctor at your antenatal clinic (barnmorskemottagning) has prescribed ASA and you can buy it at any pharmacy.

The treatment should be started at pregnancy week 10–12 and continue until pregnancy week 36+0.

You should not take this preventive treatment if you are allergic to ASA or other anti-inflammatory medications (NSAID) or if you have gastric ulcer, hemophilia or thrombocytopenia (platelet deficiency).

If you have had preeclampsia and/or IUGR during previous pregnancies, the doctor at your antenatal clinic will assess whether any other interventions or tests during your pregnancy are necessary.