

Insertion of contraceptive implants

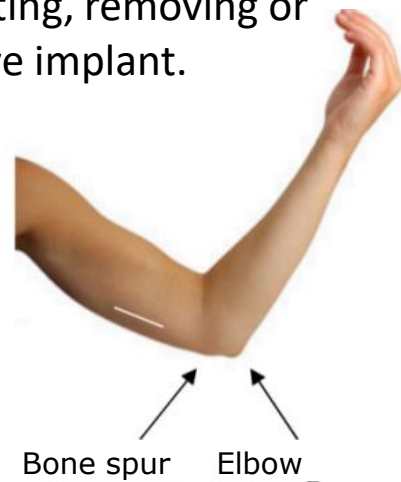


Local anesthesia with patches or cream

25 mg/25/mg when inserting, removing or changing the contraceptive implant.

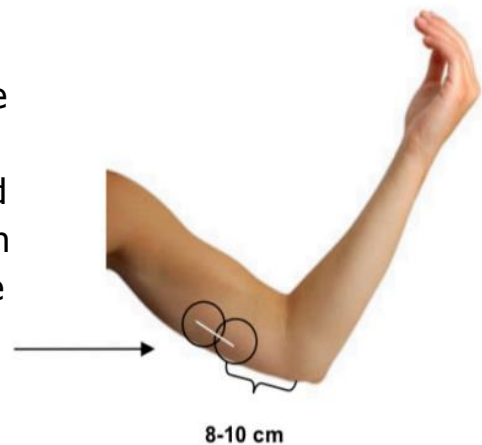
Insertion of contraceptive implants

The contraceptive implant should be inserted just under the skin on the inside of your non-dominant upper arm (the arm that you do not write with). At the elbow there is a protrusion of bone. To find the bone spur, move your finger from the elbow diagonally towards the body.



Anaesthesia with cream or plaster should be applied 2-3 hours before the appointment to get the best effect.

Anaesthetic cream should be applied 8 to 10 cm from the bone protrusion in a thick strand in an area 11/2 cm wide and at least 6 cm long. Use all the cream in the tube.

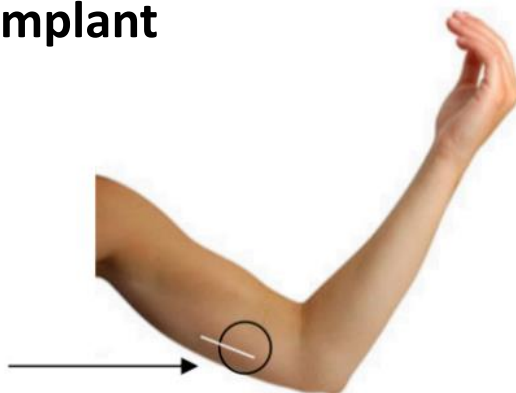


Patches: stick on one or two of the patches. If you put on two anesthetic patches, remember to cut one of the patches so that the anesthetic in the middle from both patches ends up against the skin.

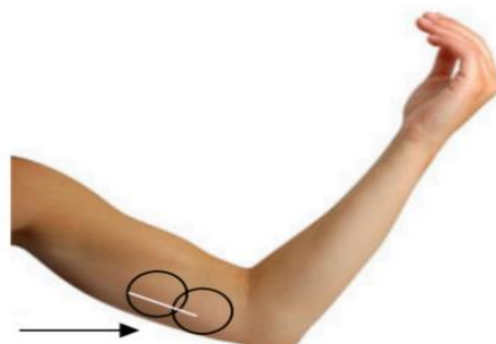
Removal or replacement of an implant

Anesthetic cream: Feel where the contraceptive implant is located and feel for the ends. Make sure that the cream is placed over the entire implant and 1 cm outside the lower end of the implant.

Put one or two of the transparent wrapper over the cream to hold it in place.



Plasters: If you anesthetize with plasters, put one or two of the plasters on, so that they cover the entire implant and cover 1 cm outside the lower end of the implant.



If you put on two anesthetic patches, remember to cut one of the patches so that the anesthetic from both patches is directly against the skin – see picture.

Ungdomsmottagning

Västra Götaland

www.vgregion.se/ungdomsmottagning

