



Patientinformation på engelska

Patientinformation Mat och dryck inför din operation vuxen_engelska

- You may eat food (solid food) until midnight (00:00, 12 o'clock midnight) the day before your surgery.
- Liquid foods such as soup, yogurt and similar foods without solids (such as pieces of fruit) can be consumed up to 6 hours before your surgery.
- Drinks such as non-carbonated water, coffee/tea without milk and syrup concentrate/juice without pulp can be consumed up to 2 hours before your surgery. No dairy products.
- Do not use chewing gum or any form of tobacco 2 hours before your surgery.
- Any medications that need to be taken on the day of surgery can be swallowed with a glass of water up to 1 hour before your surgery.

Note:

For your own safety, it is very important to follow the above rules. This applies to both surgeries with general anesthesia and to those with local anesthesia.

If these rules are not followed, your surgery will be cancelled.