

LIV 2025 exercise

On Wednesday, 9 April, the NU Hospital Group – together with the Swedish Armed Forces – is conducting an emergency exercise involving many casualty actors. The exercise is called "LIV 2025". You can read more about it [here](#).

The exercise will take place at Norra Älvsborgs Länssjukhus (NÄL Hospital) in Trollhättan on Wednesday 9 April, 2025, between 9.00 – 16.00 (times are approximate).

- **Care work at the hospital will continue as usual throughout the day.**
- **The exercise will be carried out in a manner that avoids any inconvenience to patients and visitors as much as possible.**
- **Residents and passers-by may notice more ambulances and military vehicles moving in the area around the hospital during the day.**

Why is the exercise being carried out?

The NU Hospital Group is part of Sweden's total defense. The hospital needs to be prepared for any major crisis or disaster scenario that could happen. The best way is to practice, test limits and learn from it.

The purpose of the exercise

The purpose of the LIV 2025 exercise is to test the hospital's capabilities and to strengthen civilian preparedness for any crises or wars, in order to:

- Increase capacity to manage a large number of patients and to provide adequate care to those with trauma injuries that require surgery.
- Increase the ability and knowledge of employees to work with limited resources that place high and tough demands on triage and prioritization.
- Develop cooperation and forms of collaboration within the Region Västra Götaland (VGR) and together with the Swedish Armed Forces/Western Military Region.

The exercise

The exercise is a so-called mass casualty scenario with many actors playing as injured people. They wear make-up that mimic different types of injuries and they all have a specific role to play in the scenario. No real patients with actual injuries are involved.

Those involved are primarily departments and employees in the NU Hospital Group who normally work in the emergency care chain. Examples of these include: ambulance services, emergency services, emergency medical care, emergency surgical care, radiology, anesthesia and surgery.

A specialized organization in the NU Hospital Group has been set up in collaboration with other partners. Several groups are working on different parts of LIV 2025.

Similar exercises have been carried out before in Region Västra Götaland, most recently at Södra Älvsborg Hospital in Borås in 2019 and before that at the Sahlgrenska University Hospital in Gothenburg.

If a major event occurs on the same day as the LIV 2025 exercise, the exercise will be canceled.

This page is updated regularly.

Related links

[Questions and answers about LIV](#)

Videos

[LIV 2025 - Six months to go](#) (produced October 2024)

[How the LIV exercise works](#) (produced December 2024)

Questions and contact

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