

HÄNG MED

SPRÅKTÅGET!



**CATCH
THE LANGUAGE
TRAIN!**

Engelska

Reading and looking at books with your children can be both fun and cosy – and it also stimulates their speech and language skills. When you read and speak about events in the book, you also help your child to develop their fantasy, concentration and communication skills.

Read together

Language develops as we interact with other people. Allow your child to be active when you read together and pay attention to their words, sounds and gestures. Read at your child's pace, be aware of what interests them and wait for their reaction, and reading will be especially useful in developing language.



2

Choose books

Choose books that your child finds exciting and interesting and that suit your child's language level. If you find it difficult to choose, you can always ask your librarian. You can borrow books from the library free of charge.



3

Make reading cosy

Try to find time to read and look at books together every day in a peaceful environment. Sit closely together so that you have body and eye contact, and make sure that you are not disturbed. You don't necessarily need to read a book from cover to cover; simply sitting and leafing through the book and carefully putting into words anything that grabs your child's interest is a good way to develop language.

Look at pictures and put them into your own words

4

It is often easier to get your child's attention if you describe events and pictures in your own words, using different voices, sounds and gestures. Take the time to point out and discuss pictures. This helps your child to keep up with the story and provides even more opportunities to learn new words.



5

Tell the story together

You should give your child the opportunity to participate when you are reading together; for example, by allowing them to fill in words and sentences and answer questions. Take the time to affirm and expand on what your child says. In this way, you demonstrate how your child can develop their language. Once you have read a book several times, your child may be able to tell the entire story based on what is happening in the pictures.



6

Read, sing and tell in all of your child's languages

Research shows that children who are read to have a larger vocabulary and that small children can learn several languages simultaneously. So read, sing and tell stories in all of your child's languages! This will help your child's language development.

7

Ride Språktåget

Children's books help you to help your child develop language skills such as comprehension, vocabulary, grammar and pronunciation. If you want tips on suitable books, ask your library for the Språktåget reading list!

You can borrow books from the library free of charge. Welcome!

Språktåget, The Language Train, offers advice and tips on stimulating a child's speech and language development to parents and others who have close contact with children. Språktåget stops at various stations where children can develop different areas of their language skills. Some will need to stop at one station a little longer, while others will chug along more rapidly. Anyone can ride Språktåget!

Språktåget is a collaboration between municipal libraries, paediatric healthcare and speech therapists in the Stockholm region. This text has been prepared by speech therapists Elvira Ashby and Linnea Anderberg in collaboration with The Regional Library Stockholm.